

Merry Life Teachings

Master KPK

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Talk 14

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Samno Mitraha Sam Varunaha...

*Sahanâvavatu Sahanaubhunaktu
Saha Vîryam Karavâvahai
Tejaswi Nâva Dhita Mastu Mâ Vidvishâvahai
Om Sânti Sânti Sântihi.*

*Pûrna Madah Pûrna Midam
Pûrnat Pûrna Mudatyate
Pûrnasya Pûrna Madaya
Pûrna Meva Vasishyate .
Om Shanti, Shanti, Shantihi.
Loka Samastha Sukhino Bhavantu x 3...Om Shanti, Shanti, Shantihi.*

*Om Namaha
Sri Guru Bhyo Namaha*

Hearty fraternal greetings to all the brothers and sisters who have gathered to listen to the joyful teachings of Merry Life just to refresh ourselves. It is a weekly refreshment program. You may be gathering in your higher

mental much wisdom and very grand concepts and must be preoccupied to see how to bring these grand concepts into daily life. That is the true challenge, that we try to translate the sublime, subtle ideas of subtle plane into our surroundings, tempering the ideals with time and the place around you are. It is a continuous effort to bring down wisdom into daily activity, by which we experience synthesis. We do not deny the One in all, we do not deny the One around us, and we try to see it as much as possible through the eyes of wisdom. We always make an effort to translate the ideal dimensions of subtle plane as are given to us by the Masters of Wisdom, and each one of us according to our life condition should be able to intelligently translate these dimensions of wisdom to live and to experience.

That is why we as aspirants or disciples are always required to see things from the standpoint of wisdom, not from the viewpoints of the mind. The standpoint of wisdom gives us synthesis to the varied viewpoints that the mind holds on account of its preoccupation with the daily events. And when there is crisis, mind is more preoccupied about the crisis. The crisis can be individual, the crisis can be groupal, the crisis can be social, the crisis can be global, and mind is always alert to look to the crisis that surrounds us. But the eye of wisdom gives us the overview to relate to the many worldly dimensions through the glass of synthesis. Once we gain this facility, we can see that idealistic statement as a reality that "all is divine". It is easily said that all is divine, but to experience within and around that all is divine is truly the accomplishment.

That is why we are given a daily life to meet the daily little crisis to the global crisis and then synthesize, work it out and return home safe in the sense we get back into our own abode of residence which we call the heart. We move out during the day from the heart via the mind into the surroundings and we try to come back intact. When we are able to come back intact, without loss of constant vibration and without loss of equilibrium and poise, we can say that day is well utilized. From the dawn to dusk while we are working through crisis of varieties, what is important is we do not lose our equilibrium either in speech, or in thought, or in actions, and come back intact and then refresh and relax.

The evenings are meant for refreshing and relaxing. As early as one can get back from the objective life in the evening to prepare for the subjective life, that measure is of great importance. Just like you all have winter, we also have some kind of winter here, but your winter is truly the winter. You can light your fireplaces, you can gather around, you can relate to each other in relation to the sublime dimensions of wisdom, relax, and orient for the dawn of the next day. We all need to – not only close the day, but before we close the evening, since the evening opens itself into tomorrow morning, how we close our day is more important. If we close our day in peace, in poise, we can commence the next day in order. Otherwise the order of the next day is affected by the activities carried out this evening. It is so with the day to day activity. For example, today is Saturday. For us it is evening. For you it is already a weekend. So, if you get into the fever of weekend, your energies naturally get distorted into a disorder and then you lose through the weekend the order that you gain through your orderly functioning throughout the week. That is why the dusk or the sunset is as important as the sunrise. The sunrise is fresh only to those who wake up early and see the sky even before the sun rises. It gives lot of energy, and to experience the sunrise next day the preparation is from this night itself. How do we close the day? Normally in all discipleship we are asked to close the day with a short and simple prayer in the bed, so that we may gain a chance to move into the subtle and the divine world. Normally when we sleep, we are not so much in the body, we get into varieties of situations through dreams which we may notice or may not notice, but if you propose before you go to sleep that you shall walk into some ashram where you can be prepared at the psychical level by the disciples in the ashram, when you get back next day, you get back with better energies, better order, and then certain noble ideas which may dawn into you during the prayer hours.

Therefore to have an effective prayer next day, how we close the day is important. How we close today is important and it decides what kind of quality you have as you open the next day. If you close it well, it can be opened in poise. If you do not close it in peace, then it cannot be opened in poise. **Therefore, closure has its subtle beginning also for the next opening. Every ending in itself has a beginning.** That is why we say the sign Pisces is both Alpha and Omega. It is not only the ending, but also the beginning. Our life is eternal and it has

apparent closures and openings but we can continue to live through these closings and openings depending upon our orientation to the dusk and our orientation to the dawn which we spoke at great length when we deliberated upon the teachings relating to Ashwins. So, why are we so concerned about the closure of anything is **“As you close, so it opens”**, as you close, so it opens. As you close one life, one incarnation, the way you close it, in the same way, in the same quality and vibration, it opens again. If you are in peaceful ambience as you depart, you arrive again in a very peaceful, harmonious ambience without there being any commotion relating to your delivery. You can yourself see what happened when your mother delivered you through. Was the delivery of the mother less painful? Was the delivery of the mother almost a joyful thing? Or was it full of commotions, emotions, and then confusions resulting in varieties of caesarean operations and other things?

If we see the lives of initiates who are always an example to us, all initiates they were delivered with much ease by their mothers. The mother of Buddha Gautama could deliver Gautama Buddha in a travel. While she was passing through the garden of Lumbini she found that the time has arrived for her to deliver. With the assistance of a few ladies she could deliver him in the garden of Lumbini. So also, if you see the life of Jesus the Christ, he could be quietly delivered in a cowshed amidst the cows and sheeps around and the only assistance was from Joseph, the father. The father and the mother could facilitate the arrival of Jesus the Christ in a very humble and sacred place. That is why his life has been very humble and very sacred. So also, the life of Buddha, who was delivered in a garden called Lumbini which was a very splendourous garden and then he has developed such gardens amidst humanity which we see as the Buddhistic places where people gather to gain peace, poise and realisation and liberation.

A man's delivery itself indicates the things to come thereafter. You see the life of Julius Caesar. Julius Caesar came through the cutting of the mother's womb. There was a caesarean operation and he came out in a violent manner in the sense it was truly violent for the mother. She did not have the joy of delivering the baby. Instead, her belly had to be cut open and then the boy was delivered. So, when beings of great divinity or beings of high evolution are delivered, they offer comfort to start with to the mother itself. And then their life continues to give that comfort to all the surroundings. A life that cares for the comfort of others is a life that is well lived, and indications do come even at the point of the birth of such being. It is so with all grand ones that they were so easily delivered by their mothers and they had the joy of delivering but not the pain of delivering. So therefore, when we walk every night into sleep we are into the Nature's womb.

We should know that the sleep withdraws all of us into Nature's womb and in the morning we are once again delivered by the Nature into the world. So, how peacefully you enter into the womb decides how peacefully you again reappear from the womb. So therefore, the message is clear that every dawn is like a birth to all of us and it has to be as peaceful, as harmonious and as quiet as possible and not otherwise, and then ensure that peace, poise and harmony continues throughout the day through orderly functioning. That is where a measure of life is available.

Our existence can never be a nuisance to the surroundings. I think this part most of us have achieved, that our life is not a pain to others. That is an important step already, that your existence does not cause any pain whatsoever either to the plant or to the animal or to the humans or even to the elements surrounding you and to the Earth. Make sure that you are a most harmonious being. Make sure that you are wanted by Nature. Make sure that you are a deeply desired child of Nature, but not a child that continues to contribute to the crises, conflicts, disputes, wars, etc.

This is where we have to learn that our lives shall have to be made fragrant in every dimension. That we, as we open the day there should be a joy in you and surrounding you. For example a rose that unfolds in the morning, as you go to it, already it gives you joy. Isn't it? When you look at a blossomed flower it is already expressing its joy and it meets you with joy. So, also our life shall have to open in a manner that it keeps on spreading fragrance, but not nuisance, but not any other undesirable energy. That is most important. That is why Saturday evenings are seen most important by those who practice spirituality. In fact, the weekend starts from Friday evening and from Friday evening till Monday morning how you organize yourself is most important. That gives

you the needed energy to relate to the entire week with certain sense of responsibility, certain sense of joy and certain sense of fragrance spreading around.

Imagine a rose in a very wilderly place, in wilderness. If you see a flower, already the awareness in you unfolds looking at the flower. Looking at a soul flower plant, looking at a soul fruit tree, looking at the soul traveller in the sky. That is the sky you feel so joyful. Why? Because the very appearance is outstanding from the rest. So, we have to make sure that we also stand out to give that kind of joy, happiness, fragrance around, by fulfilling ourselves throughout the night. As much as you are nourished through night so much you can transmit through the day. If we sleep seeing a horror movie in the night so the horror continues the next day morning also. Isn't it? Or if we quarrel with each other - the man and the lady they quarrel and then somehow with great difficulty they fall asleep; next day morning cannot be a beautiful morning even if it happens to be a Sunday morning. Therefore, how we close is more important than how we open the next day. In closure there is already the program for opening. That is why we need to close the day well, we need to close the activity daily very, very well; we need to close the life also in such peacefulness so that you come back in peacefulness. That is the beauty, and that is where we have to make sure that throughout the day, we keep that kind of energy that enables people surrounding you to gain something from us.

The Sun gives throughout the day. It keeps on giving, giving, giving, giving. That is why we say, "Be a Sun, be a giver". So, the day is meant for offering. Please do not forget this in the daily humdrum of your life, and then we have to make sure that the life is made beautiful. May we make the life beautiful. **Beauty is a special wisdom. Just like joy** is a special wisdom, beauty is a special wisdom. There are some people around whom all beautiful things gather. In Yoga, the Master Patanjali says, if you are in practice of the regulations of Yama and Niyama, the most beautiful, harmonious, agreeable things come to you and the most harmonious, agreeable, friendly persons gather around you and then the most friendly animals also gather around you. Everything that is beautiful in nature would surround a person in whom there is beauty. So therefore, we build this special dimension in us, which was lost due to the seriousness of religious practices. The religious practices have done great harm to humanity in the sense people do not smile. They stopped smiling ever since they got into sincere and serious religious practices.

But if you see the angels, they always smile. If you see the gods, especially the Hindu gods, not a single one is without a smile. They are all carrying the smile and then they spread the joy, and even their eyes glitter to give us the joy. Therefore, I wish to inform you that bring beauty into your life. Bringing beauty is to ensure that things around you are beautiful, meaning all that personal effects that you use shall have to be shining and clean, functional and not broken. Let there be no broken articles at home. Let all articles that you use continue to shine, because that shine brings many energies around you. But if yourself were shabby, the magnetism that the principle of beauty carries will not come up to you. We tend to be anti-magnets, while we are supposed to be very magnetic. That is why I am saying that turn everything around you into beauty. If it is not so very beautiful, just dump it somewhere. All that you hold around you shall have to be beautiful. It needs not be costly, it needs not be luxurious, but it should be functional and it should be shining and it should be put to almost daily use.

You know the articles that Masters of Wisdom used when they were in physical incarnation, they are all preserved in the ashrams. Most of the articles used by such beings as Maitreya, or Gautama Buddha, or Jesus the Christ, or Pythagoras and such others, all personal effects of these grand teachers, they are all preserved in the cave temples of mountain ranges, because the Brotherhood cares for them. The Brotherhood cares for the articles used by the initiates while they are at work on the physical plane. So, it just attracts such an attention, but people may be neglecting many personal effects and articles of great teachers; but gradually the ashramic procedure is there by which they are all gathered and preserved. Do not think only the holy relics of Buddha and Christ are preserved. There are so many Grand Masters, all their articles are well reserved and according to time and according to place they are implanted in one place or other to generate the needed magnetism. We know the Masters as Seers of Wisdom or Maharshis whose holy relics are spread all over most sacred places

and then people keep visiting them and gain the presence, and gain the related vibration. So therefore, our articles may not even be preserved by our own family members but the articles relating to an initiate are preserved in the ashrams.

Why I say this is, anything that we use carries its vibration. Any person who lived a very magnetic life, the articles that he regularly used carry that magnetism, carry that vibration. By relating to them you do gain the vibration. So therefore, we have to make beautiful our lives around. It is a fundamental discipline that we make life around us beautiful, meaning not only what we carry but all that is surrounding. Thinking of gardens is a common dimension of all grand teachers. Thinking of gardens, nourishing them, gardening them, make sure that they grow, and set fragrance into surroundings is a common work of most of the Masters of Wisdom. They care so much for the plant, they care so much for the animal, they care so much for the man, they care for all life on the planet, because that life which is existing on the planet, it essentially belongs to the solar angel. It essentially belongs to the solar angel; therefore, we have a responsibility to make beautiful all that surrounds us. Think of all kingdoms and make beautiful the lives of the people who are less fortunate.

That is a great work if we can contribute to the upliftment and growth of all fellow human beings, either in relation to their physical conditions, or emotional state, or mental state; it is already a great service. If we can set health to the bodies of the persons around you, it is a great service. Likewise, if you can set health to the mental plane, meaning where you have emotions and thoughts, there are so many humans around us who are truly restless. We have to see how restless we are to start with. If we are restless, we cannot contribute to the balance of those who are around you. Isn't it? When you are yourself restless, you continue to spread this restlessness around as a contagion. So, be peaceful, be restful, and make sure that those who come up to you, they basically gain emotional balance to start with. Emotional balance they have to gain when they come and be with you. If you sit with a Master of Wisdom for a while, who is generally silent, then slowly the peace that he carries in him spreads into the other person. And the other person feels great comfort after 15-20 minutes, that he would like to visit again and again to get back that kind of state of rest which he loses through his regular activity. So, we do not have to talk all the time.

There are teachers like Ramana Maharshi, Shirdi Sai Baba, Ramakrishna Paramahansa, and then Master CVV and such others who speak much less but they spread such an energy that in their presence or even by their thought people overcome their restlessness. People gain their emotional balance and thereafter they can also gain an orderliness towards their thoughts. Normally in an average person the thoughts are in disarray, the emotions are in disarray. So, the first step as disciples we have to make sure is that we are not restless. It is important that we are not restless even if the situations around us may stimulate restlessness. That is where every time I speak to you, I tell you, "Do not think of Covid; let it do its work, we do our work".

Everything in nature has its purpose, and we fulfil our purpose and we do not get disturbed emotionally by the surroundings or surrounding persons or surrounding events. See, there are so many political events that cause lot of unrest; there are so many nations which are in unrest. By relating to the world news, you should only get informed but not get influenced by it. If you regularly see the world news, there is a possibility that you get affected by it. Isn't it? But there are seers, by looking at them they can transmit energies to places where there is crisis and make sure that the crisis is neutralized. Don't we speak of group prayers to neutralize the crisis situations at various parts of the Earth? We only speak of them. But we have to think of them and we make sure that we do transmit energies to such places. There was Master VPS who suffered the World War being in India. He was in India, the Second World War or the First World War did not touch India, but VPS was tremendously affected by the events that were happening in the World War and he was regularly praying the Master to make sure that those who are afflicted by the war, those who have lost things by war and those who died by war, they are all healed.

Every day we get the news as to how many are affected by Covid. We also get the news how many died by Covid, but what are we to do as the aspirants or disciples is to make sure that all souls who are affected by Covid be healed. That should be our proposal, and all those who have left the body may have a peaceful journey.

When someone dies, we pray for their peaceful journey. So also, those who die in Covid. Also, those who are around when you hear about any sickness and much more so now about Covid, propose health to them in the name of the Master. That is what we call an act of healing or an act of service and when it comes to great Masters, they just keep on transmitting such energies that in spite of all these crises the globe is surviving, the humanity is surviving. So also, we should bring that quality into us. Let there be not restlessness and make sure that you spread joy around and you spread the positive vibrations around and do not be a kinetic energy in the sense you carry the negative news to the surroundings. Isn't it? If throughout the day when you inform through your WhatsApp messages to groups how many are dying, what are you doing? You are causing harm to the groups than passing an information. So therefore, we as aspirants or disciples shall have to turn an event that is turning to be negative to be an event that tends to be positive, so that the negative and positive are neutralized and normal temperament prevails.

When you look for service, there is service everywhere; and then when you are only limiting yourself by the effectiveness of the pandemic, you become ineffective workers. In times of crises, effective workers are needed. During the Second World War, when there was such damage to human life and people lost their limbs, people lost their lives, there were so many dead bodies all around, what did Master Djwhal Khul do? We know that he created the Red Cross Society and made sure that all those who are affected are helped. So, what is our contribution to those who are affected? We as aspirants or disciples, apart from getting affected we should positively impact the surrounding. That should happen, we have to be the transmitters but not only receptors of energies from higher circles. It is a dimension that we have to make sure that we gain, thereby we comfort people around us. First of all, we comfort people around us. Then we can heal the people around us, we can set them to rest, meaning poise from their being restless. It is a work by itself and this crisis time demands such activity especially by the groups into the surroundings.

And then, another dimension which I would like to inform you is, build a furnace of fire within your mind. Build a furnace of fire within your mind, where all speeches and all thoughts are submitted to it. Visualize a fireplace in your own being, glowing with flames like we do our fire ritual. You are aflame right from your heart centre because the heart gives that kind of enflaming into higher circles. So, into that flame keep throwing all useless speeches, keep throwing all useless thoughts. Just look at the fireplace; it is a practice by itself to look to the flames of the fire and offer the thoughts that we keep generating. Offer them. Keep on offering them; you can even make a candle. The impact of a candle is one thing, but the impact of the flame is another thing. Especially in winter, fireplaces are well used even by the groups of the Masters of Wisdom. They all gather at a fireplace and then they exchange various dimensions relating to wisdom, plan, and how to work for this humanity. Even the bears and other animals from the place, they also gather to be around the fireplace. Where there is fireplace, in winter, there beings gather to get comforted. Isn't it? So therefore, build such a fire in you, that firstly you throw whatever is unnecessary and undesirable in you.

I can tell you the story of a great initiate called Chanakya. Chanakya was a great initiate of the second ray and he is the one who founded in Kali Yuga the dynasty of Mauryas, a great kingdom that ruled India during the Kali age for about 432 years. Ashoka was the last king relating to it. The Maurya kingdom was conceived and founded by a great initiate of the second ray, who is called Chanaka or Chanakya. He was a great Master and every night he used to spend at least one hour sitting before the fireplace, because his task was to conduct a kind of renaissance in the entire Indian continent, to make sure that Indian continent is restored to its original knowledge. Thereby people would be better served by the rulers and the kingdom would last for about 4 to 5 centuries. He worked hard for that single-handedly and his strength was the fire in the night.

So therefore, we should have a fireplace. There should be a fireplace, and you should relate to the fireplace by ensuring that flames are enflamed there at least on a daily basis. So, make that fireplace in you, then it is easier. Make sure that in the bush of your heart – according to the Testament in the burning bush, which is called the fireplace – let all things be burned and let new ideas come to you. All thoughts can be submitted to it, surrendered to it. Good, bad and ugly we have to surrender to it regularly, because daily we gather from the

ambiance, unconsciously, lot of impurities through the air, and through the activities surrounding us we keep on unconsciously gathering many undesirable things. Therefore, we are required to take shower in the evening, even if it is winter. A shower in the evening, a shower in the morning is strongly recommended for occult practices. A shower cleanses us, a shower cleanses, even refreshes the inner intelligences. And thereafter relate to the fire for further purification. Thereby you would have re-formed your mind. You would re-form your mind and you refine your mind and make sure that you continue to receive much better thoughts as you progress and make sure that they are implemented. These are the steps which help us to enable the vault of heaven.

You all know the vault of heaven opens to you from the other side. See, an ashram, the latch is on the other side, not on this side. The latch by which an ashram door is closed is on the other side, but not in the outer. So, when you knock, you push to open it for you. But when you do these acts, according to Master Djwhal Khul, the latch of the door of the ashram which exists on the other side, will open. When it opens, you are encountered by light, abundant light. We all crave for light, you know? Isn't it? As we close our eyes, we would like to see the colours, we would like to see the light, we would like to listen to the sound of silence, we would like to listen to the speech which is beyond silence. These are all our desires, you know? But all these get fulfilled when you are working at the physical, emotional, and mental plane. Regularly we fall in order, which means utility to the surroundings. Not if we continuously clean ourselves. You are much more cleaned when you keep on serving the surroundings. The more you serve the plant, the more you serve the animal, the more you serve the human, the more from within the beauty of the being unfolds. And that being opens you to light and then makes sure that you walk thereafter in light.

This is one of the rules given for initiation by Master Djwhal Khul. In Master Djwhal Khul's books there is such a profound wisdom but it is too vast to relate to it. But if you particularly lift up and show up the depth of each teaching, one teaching is enough for one life. So, the Master says, "Ensure that the latch of the ashram door opens from the other side, do not knock it, do not sound it, do not wait at it, keep doing". Keep doing. Keep on working with life around you. And most of you over these 30 years have been engaged in one kind of service or other, that naturally we tend to be more and more unfolding from within. Naturally we have overcome emotions. Most of the friends in the initial states, I saw them highly emotional, and even today there are people who get into depression for nothing, and fear, depression, agitation, anxiety, frustration, these are all things of the kindergarten. Leave it there. Even children are doing better. Even the children today are doing better than most of the emotional persons that are stuck with theological practices and yet are exceedingly emotional. The emotion, transmit it to service by serving the plant and animal. The disorder in the mind finds its own order when you are bent upon helping others. That is how the key to open the ashram door is by your functioning this side, by which from the other side the latch is opened and you are invited inside; you do not have to knock. Stand before, you are led to the door; do not think you have to look for the door. Your own activity leads you to the door within. That door is the door relating to the *Sanctum Sanctorum*. That is the door relating to the *Sanctum Sanctorum* in you and it opens from the other side according to the measure of the work that you have done in these three planes on a regular basis with joy in you and seeing the beauty of the work. [Few] are the days people would feel the drudgery of work. Ignorant are the people who think work is drudgery, work is labour. Work is not labour, work is joy. Work is not labour, it is an attitude in mind. Krishna said in Bhagavad Gita, "As much as you work, so much joy visits you". As much as you work, not for yourself but for the surrounding life, as much as you work so much the joy unfolds from within. Smiles unfold from within. Work tends to be lighter and works keep happening with little doing from your side. With little doing from your side the work happens because you have gained that state of relating to the work with joy.

And Master Morya says very clearly to his followers when they asked about the rest – some disciples who found that the work is – working with Master Morya cannot be imagined. It is like working with fire. So, one disciple during leisure hours, when they were all gathering around the fireplace, they asked the Master, "Master, what is your understanding of rest?" Master Morya smiled and said, "Rest is in action". Rest is in action and if you do not work, you tend to be restless. Be at work, at some work or the other. The Divine is continuously at work. The planets are continuously at work. The solar system is continuously at work. The animals, the plants,

everything is continuously at work. Only man has the sickness of thinking of rest, but you should know that true rest is in action.

See, there is an action happening in us in the form of respiration. When it happens normally, you feel comfortable. When it takes rest, if respiration takes rest for a second you are at unrest. Isn't it? Likewise, when awareness is at rest, meaning while you are at work, suddenly there is loss of memory for two seconds or three seconds, then you become restless. Continuously there is the flow of awareness. Continuously there is the flow of life. If you see the entire universe, it is in complete poise and in rest because it is ever in action.

Let it be so with all of us and make sure that we make an excellent use of this crisis, for every crisis offers times for initiations. So, the initiation happens the more you plunge to serve in relation to the crisis, and then neutralize it as much as you can. Therefore, please remember that the vaults of the ashram are truly kept to open now. Someone need not be opening from the other side but kept open for all those who have realized the beauty of service, of work and the beauty of joy, and the beauty of beauty itself. To them, the doors are wide open and you can walk through, you do not have to wait. That is the beauty of crisis.

Second World War gives such a crisis and many walked through that crisis. Europe has gained a lot in terms of their psychical transformations through the fireworks that happened in Europe. Why? Because a war involves tremendous work of fire, and that fire is utilized by Nature to cause certain transformations in the human psyche. That is why a common European is much more sensitive to certain things than others who did not go through any crisis. Every crisis opens the doors, and this is one crisis which you have to make use to gain that state of initiation which is nothing but encountering greater measure of light. As you go near the door of the heart, it opens and the light comes and visits you. It is not that you look for light, the light flashes itself from within towards you and invites you into it. Such is the beauty of the work as is given by the Masters of Wisdom. Never the Master starts to work for yourself. Never. No man of wisdom ever spoke to work for yourself. He always spoke to work for the surroundings because you are a small part of the surroundings. In greater life you are just a part. By contributing yourself to the surrounding life, you are automatically lifted up. Not only you, the planetary angel is also lifted up. Not only the planetary angel, the solar angel is also lifted up with every act of goodwill. That dimension I will get into in the next class that we are all contributing to the work of the cosmic person who is trying to lift up this Earth. You also add your effort towards it. As much as you add your dimension to it, so much you get included in it.

I conclude this talk with a small story from Ramayana. You know the monkeys in Ramayana they were all very highly efficient, talented monkeys. There were so many like Hercules. They were all bringing huge boulders from all over, and tried to build a bridge across for the Lord to walk to the island to set order in that island. In that context, every monkey, big or small, they all contributed. They never thought, what is it that I can contribute? Everyone contributed their might and ultimately the bridge was happening, the stone bridge was happening. Then, at a distance, Rama saw a squirrel. The squirrel used to get into the beach sand, the sand of the sea, make somersaults, gather some sand particles and then jump to the bridge so that these particles also contribute. What is it that a squirrel can contribute to the grand bridge that is being built between light and darkness? Imagine like a squirrel, and the squirrel was blessed by the Master, by the Lord, and is ever remembered by the very symbol of the squirrel, because on the squirrel there are three vertical lines which according to Ramayana were formed eternally into that species because of the touch of Rama. So, it is not the quantum that we contribute, it is the quality and the depth of intention that is important. So, as much as we contribute, it has a triple contribution: it is contributing to your upliftment, it is contributing to the planetary upliftment, it is contributing to the upliftment of the solar angel that is the solar system. That is how the work is seen. When we get into Vishnu Suktams we see how much the solar angel is being helped by the most infinitesimal beings. As much cooperation, so much upliftment.

The sickness is non-cooperation, sickness is non-cooperation. The health is cooperation. So therefore, make haste that we make use of Covid and make a stride forward not only for us but to the planet and but to the solar angel, and to the co-human, plant, and everything is included. Every species is included when you do

service and there is a contribution unconsciously from you, which gives you the needed lift, the needed upliftment. That is why the Master says in one of the topics, "Initiations are not mystical", initiations are in the work that you do. A man is known by the work that he left behind, that the work carried out is left behind for the benefit of others. Till date we speak of the work done by Mahatma Gandhi. Till date we speak the work done by so many initiates. Till date we speak of the avatars and the initiates and great men who caused a forward movement to the life as a whole. So that contribution in that movement which is called evolution, in that movement which is called evolution we join, because evolution is happening, it is a matter of your joining it. By your plunging into this attitude would help you to do it. Therefore, be on the lookout, be on the lookout, how can you be of any utility to the surroundings.

So, thank you one and all, we meet once again on the next Saturday. I am sure I have spoken slowly for the simple reason I am also advised not only by you, but even by the doctors to be slow in all expressions that I do. So, I started with you today, thank you. Namaskaram.